

Preliminary (subject to change)
Scientific & Social Programme



The PSAD Study Group presents the

29th PSAD International Scientific Meeting

Cluj-Napoca, Romania: 14th to 16th May 2025



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All sessions are held at the 'Univers T' Hotel, in Jupiter Hall, Saturn Hall or Uranus Hall

| Pre-conference: Tuesday 13 th May 2025 | |
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| 19.00 | <p>OPTIONAL pre-conference networking dinners (<i>at own cost</i>)</p> <p>PSAD Early Career Researchers' (ECR) dinner – open to PSAD ECR members. Contact the ECR Working Group leads (Mandy, Eloise, Therese) if you would like to join</p> <p>PSAD 'Old timers' dinner – open to anyone who is no longer an ECR. Contact Andreia Mocan if you would like to join</p> |

| Day 1: Wednesday 14 th May 2025 | |
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| 'Univers T' | Jupiter Hall |
| 11.00 – 12.45 | OPTIONAL Pre-conference Masterclass/Workshop/Symposium (<i>Title TBA</i>) |
| 12.45 – 13.45 | Light lunch |
| 13.45 – 15.45 | OPTIONAL Pre-conference Masterclass/Workshop/Symposium (<i>Title TBA</i>) |
| 15.45 – 16.45 | Coming Together – Tea & Registration for the 29 th PSAD Scientific Meeting |
| 16.45 – 18.30 | Opening Session |
| 16.45 | <p>Welcome to the 29th PSAD Study Group Annual Scientific Meeting Chair: Prof. Jane Speight</p> <p>Welcome to Cluj-Napoca – by the Local Organizing and Conference Committee – by the Romanian Federation of Diabetes – Prof. Dr. Gabriela Roman – by the Romanian Society of Diabetes – Prof. Dr. Bogdan Timar</p> |
| 17.10 | <p>The 2025 PSAD Travel Fellowship Awards (for ECRs) The 2025 Axel Hirsch Travel Awards (for people living with diabetes)</p> |
| 17.30 | <p>The 2025 Anita Carlson Lecture: 'Three decades PSAD: Time for reflections' Speaker: Professor Frank Snoek</p> <p>Chair: TBA</p> |
| 19.00 | PSAD Dinner – 'Univers T' Hotel (<i>included in registration fee</i>) |

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| Day 2: Thursday 15 th May 2025 | | |
|---|--|--|
| 'Univers T' | Saturn Hall | Uranus Hall |
| 08.00 – 09.05 | Orals Session 1 <i>Completed Work</i> Children and Adolescents with Type 1 Diabetes & their Parents Chairs: TBA | Orals Session 2 <i>Completed Work</i> Adolescents and Adults with Type 1 Diabetes Chairs: TBA |
| 08.05 | CW 3 - Assessment of parental self-efficacy in type 1 diabetes care in childhood – Eszter Muzslay | CW 6 - Evaluating the usability and feasibility of a self-compassion chatbot to enhance the wellbeing of adolescents with type 1 diabetes – Anna Boggiss |
| 08.20 | CW 5 – “ <i>Darkness as we face the unknown</i> ”: Experiences of parents of children with type 1 diabetes in the Middle East and North Africa region – Mariam Asaad | CW 7 - Experiences and health outcomes of emerging adults with type 1 diabetes in Lebanon – Amani Al Bayrakdar |
| 08.35 | CW 25 - Attachment and psychopathology in children and adolescents. A cross-sectional study of children with type 1 diabetes and their healthy peers – Simona Klemenčič | CW 10 - Psychosocial factors influencing satisfaction and adaptation to automated insulin delivery (AID) systems in people with diabetes – Timm Ross |
| 08.50 | CW 30 - Experience of adolescents with type 1 diabetes regarding self-management – Huma Rubab | CW 18 - Living with type 1 diabetes whilst attending English secondary schools: Experiences of young people with type 1 aged 16-24 years old – Samantha Howland |
| 09.05 – 09.15 | Time to move between rooms | |

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| 'Univers T' | Saturn Hall | Uranus Hall |
| 09.15 – 10.20 | Orals Session 3 <i>Work in Progress</i> Diabetes in Daily Life Chairs: TBA | Orals Session 4 <i>Work in Progress</i> Diabetes Distress Chairs: TBA |
| 09.20 | WP 35 - Psychosocial aspects of women with diabetes in a cultural environment – Anita Permata Sari | WP 43 - The D-Stress study feasibility and main trial setup: Putting a hybrid 2 model into practice – Fabian Therond |
| 09.35 | WP 38 - Understanding type 1 diabetes self-management at university – Megan-Ann Thornhill | WP 44 - Diabetes distress and personality traits through the prism of the patients with diabetes and their significant others – Judita Konečná |
| 09.50 | WP 41 - Yenbena, Nitel Ngar-wu Ngarri, Diabetes Yarning (Yorta Yorta people, gather listen tell, diabetes stories) – Belinda Moore | WP 45 - Evaluating the impact of patient and public involvement in a type 1 diabetes project – Gary Hickey / Jennifer Mohammadi |
| 10.05 | WP 47 - Health-related quality of life in young women with type 1 diabetes and body image concerns – Mareille Hennekes | WP 48 - Diabetes distress in type 2 diabetes: Raising awareness and improving care – Zara Ratevosjan |
| 10.20 – 10.40 | Coffee break | |

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| 'Univers T' | Saturn Hall | Uranus Hall |
| 10.40 – 12.00 | Orals Session 5 <i>Completed Work</i> Diabetes Distress & Depression Chairs: TBA | Orals Session 6 <i>Completed Work</i> Interventions to Support Diabetes Self-Care Chairs: TBA |
| 10.45 | CW 2 - Diabetes, distress, and reconceptualisation of self-management, self-efficacy and illness perceptions in urban and rural contexts in Ethiopia: a qualitative study – Andualem Derese | CW 1 - Self-help interventions benefit for psychological, glycemic, and behavioural outcomes in people with diabetes: A meta-analysis of randomized controlled trials – Anggi Lukman Wiksana |
| 11.00 | CW 29 - Longitudinal associations between depressive symptoms and quality of life in individuals with diabetes mellitus: A systematic review of observational studies – Ilmari Larivuo | CW 16 - A multi-centre, parallel, two-arm randomized controlled trial of patient-centered self-management intervention to improve glycemic control, self-efficacy and self-care behaviors in South Asian adults with type 2 diabetes – Kainat Asmat |
| 11.15 | CW 31 - Overall sleep quality and variation in sleep quality over 17 days predict elevated depressive symptoms and diabetes distress in people with type 1 and type 2 diabetes – Dominic Ehrmann | CW 20 - <i>"When I do feel confident and secure, I feel more like my old self"</i> : Patient perspectives and priorities in diabetes management – Viktoryia A Kalesnikava |
| 11.30 | CW 32 - Research traditions in integrated care models for depression care in diabetes primary care: A meta-narrative review – Carley Moore | CW 21 - Experiences with a concentrated micro-choice-based group intervention for people with type 2 diabetes – Bente Elisabeth Bendixen |
| 11.45 | CW 34 - Prevalence rates and impact of selected, interview-assessed mental disorders in a German sample of people with diabetes – Andreas Schmitt | CW 28 - What are the experiences of structured diabetes education among people living with type 2 diabetes and healthcare professionals delivering diabetes education? A systematic review with a narrative synthesis – Olga Kozłowska |
| 12.00 – 12.10 | Time to move between rooms | |

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| 'Univers T' | Saturn Hall | Uranus Hall |
| 12.10 – 13.00 | Orals Session 7 <i>Completed Work</i> Gestational Diabetes & Risk for Type 2 Diabetes Chairs: TBA | Orals Session 8 <i>Completed Work</i> Psychosocial Profiles & Perspectives Chairs: TBA |
| 12.15 | CW 9 - Family meals to support life-course health promotion following gestational diabetes – Eloise Litterbach | CW 4 - Psychosocial profile of adults with type 2 diabetes in Ghana, West Africa: A latent profile analysis – Samuel Akyirem |
| 12.30 | CW 12 - Culturally-specific trauma history predicts outcomes of a healthy eating intervention among Cambodian American refugees with high risk for diabetes: A retrospective cohort study – Julie Wagner | CW 8 - Biochemical and socio-behavioral analysis of nutritional health status of elderly Indian diabetics – Rishi Kumar Nigam |
| 12.45 | CW 17 - A biopsychosocial approach to stratifying women and predicting outcomes in women with gestational diabetes – Ana Munda | CW 24 - Living with multi-morbidity: a qualitative study on the personal perspectives of patients with type 2 diabetes and cardiovascular disease – Jessica Brown |
| 13.00 – 14.00 | Light lunch | |

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| 'Univers T' | Saturn Hall | Uranus Hall |
| 14.00 – 15.20 | Orals Session 9 <i>Completed Work</i> Clinical Care & Issues in Implementation Chairs: TBA | Orals Session 10 <i>Completed Work</i> Stigma & Support Chairs: TBA |
| 14.05 | CW 15 - Reducing the burden of questionnaire-overload: a practical approach to person-reported outcome measurement for type 1 diabetes – Per Winterdijk | CW 11 - Raising awareness to end diabetes stigma: a cross-sectional mixed-methods evaluation of Australian diabetes communication campaign videos among adults with and without diabetes – Elizabeth Holmes-Truscott |
| 14.20 | CW 22 - A novel UK care pathway to detect, prevent and manage diabetes distress for people with type 1 diabetes: adapting international interventions using a co-adaptation approach – Lusky Efrat | CW 13 - Social risk factors and self-reported health status among adults with type 1 diabetes: Data from the 2022 Behavioral Risk Factor Surveillance System – Julie Wagner |
| 14.35 | CW 23 - Management of diabetes in adults with psychiatric disorders in inpatient settings: clinicians' perceptions of their role – Fiona Tierney | CW 14 - The moderating role of social support in the relationship between healthcare discrimination and quality of life among individuals with type 2 diabetes – Emmanuel Ekpor |
| 14.50 | CW 27 - Equality, diversity and inclusion informing public and patient involvement in the D-Stress Study – Jörg Huber | CW 19 - Identifying the key components of social support for people living with type 2 diabetes: A systematic review and meta-analysis of type 2 diabetes social support interventions – Lisa Newson |
| 15.05 | CW 33 - Psychodiabetology – continuous glucose monitoring as a tool for psychological support – Katarzyna Cyranka | CW 26 - Association of diabetes stigma and weight with eating problems: differences between people with type 1 and type 2 diabetes – Laura Klinker |
| 15.20 – 15.30 | Time to move between rooms | |

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| 'Univers T' | Saturn Hall | Uranus Hall |
| 15.30 – 16.20 | Orals Session 11 <i>Work in Progress</i> Diabetes Technologies Chairs: TBA | Orals Session 12 <i>Work in Progress</i> Stigma & Support Chairs: TBA |
| 15.35 | WP 36 - Implementing advanced diabetes technology: Exploring the role of healthcare professionals' emotions and experiences in their engagement with new technologies – Wiebke Kantimm | WP 39 - Ecological momentary assessment of daily diabetes stigma and its impact on mood, diabetes distress and behaviour: a work in progress – Siobhan Power |
| 15.50 | WP 37 - Development of an instrument measuring Benefits and buRdens of AI-driveN bolus advisors in adults with diabetes: BRAIN questionnaire – Nefeli Dimitropoulou | WP 42 - The Role of social support on self-care: Does it function as a buffer among Turkish adults with diabetes? – Dilara Karsidag Altikardes |
| 16.05 | WP 40 - Wearable glucose sensors: if they work, how do they work, for adults for type 2 diabetes? A systematic review – Belinda Moore | WP 46 - Sweet Nothings: A grounded theory exploration of young adults living with type 2 diabetes navigating stigma within the context of interpersonal relationships in urban India – Sayli Jadhav |
| 16.20 – 16.45 | Free time | |
| 16.45 – 19.30 | Social Programme – meet at 'Univers T' Hotel (included in registration fee) | |
| 19.30 | PSAD Dinner – Restaurant (TBC), Cluj-Napoca City Centre (included in registration fee) | |

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| Day 3: Friday 16 th May 2025 | |
|---|--|
| 'Univers T' | Jupiter Hall |
| 08.00 – 09.45 | OPTIONAL Masterclass/Workshop/Symposium (<i>proposals under review</i>) |
| 09.45 – 10.30 | The 2025 PSAD Science Award: Winner to be announced Chair: TBC |
| 10.30 – 10.55 | Coffee Break |
| 11.00 – 12.00 | The 'Mark Peyrot' Great Debate: Efficiency vs proficiency: Is AI an important innovation or a concerning compromise in the psychosocial aspects of diabetes? Chair: TBC |
| 12.00 – 12.50 | PSAD Business Meeting – Members only |
| 12.50 – 13.00 | Official close of the 29th PSAD Annual Scientific Meeting – Prof. Jane Speight, PSAD Chair |
| 13.00 – 14.00 | Light lunch |
| 14.00 – 15.45 | OPTIONAL Post-conference Masterclass/Workshop/Symposium (<i>proposals under review</i>) |
| 15.45 – 16.00 | Afternoon tea |
| 16.00 – 17.45 | OPTIONAL Post-conference Masterclass/Workshop/Symposium (<i>proposals under review</i>) |
| 17.45-18.00 | End of post-conference proceedings |

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